

## Upcoming Session - 2012

### When:

January 12th - March 15th

### Where:

Boys & Girls Club  
610 E. 42nd Street  
Garden City, ID 83714

### Cost:

Only \$25.00 per family  
(covers cost of workbook)

**Dinner Included**

**Childcare Included with Club  
Membership\***

\*details upon request

**For more information:**

**208-570-6404**



The award winning Parent Project could provide the life preserver for a healthier and happier relationship with your child.

**Enroll today!**

[www.drugfreeidaho.org](http://www.drugfreeidaho.org)

For services or information, please contact:

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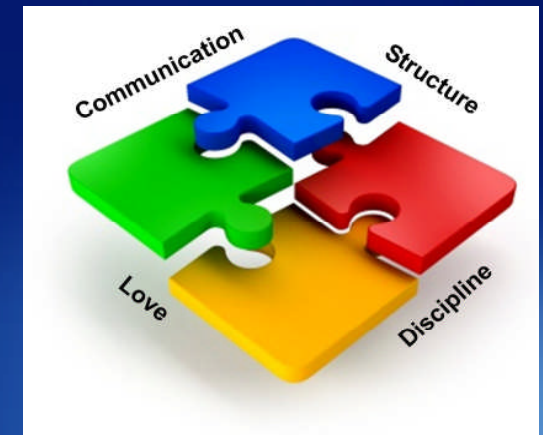
The Parent  
PROJECT<sup>®</sup>

Help for parents with  
strong-willed or out-of-  
control adolescents

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# The Parent Project

The award winning Parent Project is a highly structured, 11 week parenting skills program created to help parents prevent and intervene in the most destructive of adolescent behaviors. The nationally adopted program was developed over a period of seven years, working with thousands of parents of high-risk youth. The Parent Project meets specific needs of parents with strong-willed or out-of-control children, offering practical no-nonsense solutions to the problems parents face today. Sixteen comprehensive units of instruction lead parents from theory to practice, to change in the home.



## Class Information

Certified Instructors with 40 hours of intense Parent Project training facilitate all groups. Facilitators with a background in counseling, education, or law enforcement provide a wealth of experience in working with adolescents and families. Classes are provided several times per year.

# Parent Project Class Structure

## Part One:

### Laying The Foundation For Change

During the first 6 units, parents receive 18 hours of instructions in an educational setting. The Parent Project combines multimedia instruction, small group practice, problem solving and collective learning experiences to facilitate lasting change.

#### Topics Include:

- Influencing and motivating children
- Effectively communicating love, affection and expectations
- Dealing with emotional behavior
- Handling suicide threats and runaways
- Improving school performance
- Preventing gang involvement
- Drug use intervention

**RESERVE YOUR SEAT TODAY!**



## Part Two:

### Changing Behavior & Improving The Parent/Child Relationship

After completing Part One, parents continue for 10 units in a structured parent group with trained facilitators. These topic-focused groups promote maximum effective use of group time while providing parents with practical and emotional support as they begin the difficult process of change. Parents are encouraged to build a network with other parents to continue meeting and offering support for one another after the class has been completed.



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